

## Learning Program for Senior Project Managers for SIT AB (Level PM2)

### Conclusion at Villa Fridhem 10 April 2014



Eleven participants completed the Learning Program for Senior Project Managers for SIT AB (Level PM2) during the autumn of 2013 and spring of 2014. After several tough, intensive but also enjoyable days it was time for flowers and certificates to be handed out at the end of the program. The training was in the form of a residential course at Villa Fridhem, near Norrköping in Sweden over a total of twelve days divided into four modules.



#### This is what three of the participants had to say:

**Veronica Ljung** has been working as a Project Manager within Gas Turbines (OL1) for a year and a half. She has realized the importance of having a clear and communicative agenda for the various meetings that she participates in or leads. "It has a good mixture of theory, lectures, group work and role play – a good and beneficial course." She now has a set of tools that she can take with her which is useful for her daily work as a project manager.

**Urban Gustafsson** works within the FAL department and has had his current role as Commercial Project Manager for five years. Urban appreciated the chance to discuss and exchange experiences with other colleagues facing similar challenges to himself. The strongest impression that he will be taking with him is the skill of negotiation. "It seems so easy when you listen from the sidelines but it is so hard when you need to negotiate yourself in real life".

**Fabien Pradeloux** has worked as an LTP Service Project Manager for 4 years. Fabien points out that it is important for

a project manager to be able to communicate clearly in order to avoid misunderstanding. "We have learnt a lot about "soft skills" such as being able to give and receive feedback, to lead, coach and delegate etc. This can be of great benefit every day at work."

Another important part of the course is that as a participant, you have to be prepared to step outside your "comfort zone"; this is a major challenge and because of this everyone develops as a person during the training period. Fabien's most lasting impression from the course was when they were learning how to negotiate. "One soon realized that you can't negotiate without understanding the other party's interests".



*Photo: Veronica Ljung, Fabien Pradeloux och Urban Gustafsson*

**Participants PM2 2013-14:** Fabien Pradeloux, Tomas Engberg, Anna Norling, Mats Brickman, Torbjörn Nilsson, Thomas Westerlund, Agne Thörner, Veronica Ljung, Sture Schön, Tomas Joryd & Urban Gustafsson.

**Mentors:** Christian Svedung & Christian Stahlberg

**Instructors:** Ahmad Mohseni & Hans-Joachim Löblein

**Project Manager** (Learning Campus Sweden): Josefin Carlsson

*Learning Program for project Managers for SIT AB (Level PM2) is a challenging course for people with a couple of years' experience as a project manager. It is the most advanced level in Sweden before progressing to international project manager training (PM1). This training is tailor-made for SIT AB where the company's own "cases" are taken up in all the modules so that one can apply new knowledge directly in every day work.*

*In the first module, participants are faced with, amongst other things, the task of building functional teams as well as learning more about contract management. In the subsequent module they work with vital subjects such as risk management and claims. In the third and fourth modules focus shifts towards negotiation technique, stress and crisis management. Everything flows in a dynamic mixture of theory and practical exercises. On the first day the participants are divided into two cross-divisional working groups. Their task is to meet between modules and with the help of mentors run an improvement project within project management, the so-called PM Culture Project, which is presented on the final day.*